

AIRWAY INSTITUTE

BREATHE.

SLEEP.

GROW.





# A good night's sleep

**When children struggle to breathe in their sleep, it can lead to a range of problems, both to their body and to their mind. Here are some common symptoms of sleep-disordered breathing in children:**

**THE AIRWAY** is the most overlooked factor in your physical wellness. At the Airway Institute in New Mexico, we take a holistic approach to treating common problems like sleep apnea, teeth-grinding, blocked sinuses, and a lot more. Using a patented, advanced non-invasive appliance developed by Vivos® to stimulate stem-cell growth in the dental arch, making room for and aligning the teeth, correcting the bite, enlarging the airway, and improving the overall health without surgery or pharmaceuticals. Patients of all ages use a custom daily-wear device that stimulates stem-cell growth in the dental arch, expands the airway.

The best part of what we do at the Airway Institute is offer treatments that are not surgically invasive and are not based on pharmaceuticals. A narrow airway means less oxygen into the lungs, a harder-working diaphragm, and problems like sleep apnea, snoring, exhaustion, weight gain, even depression. By growing the airway over time using patented devices, we are able to help people start breathing better, sleeping better, and improving their overall health.

If you or someone you love struggles with their sleeping or breathing, contact the Airway Institute today to find out how we can help.

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## Physical

- Crooked or crowded bite
- Swollen tonsils
- Stunted growth
- Underdeveloped chin
- Night sweats
- Bed-wetting
- Allergies and asthma
- Snoring and sleep apnea
- Chronic fatigue

## Intellectual

- Aggression and defiance
- Nightmares and night terrors
- Bullying others
- Anxiety
- Learning difficulties
- Attention deficit
- Delayed speech



**AIRWAY INSTITUTE**

# This is your airway



## A 3D-printed airway of a patient before Vivos® treatment — and after

**DO YOU EXPERIENCE** loud and persistent snoring or gasping episodes during sleep? Do you wake up tired and have headaches? Do you experience daytime drowsiness or feel tired frequently? Many of these conditions could be caused or made worse by an under-developed or obstructed airway. Breathing-disordered sleeping can lead to a wide variety of problems, far beyond the ones above, and frequently the only way to correct it is expensive surgery or invasive appliances.

At the Airway Institute, we use a brand-new system to expand the size of the mouth and airway. Most patients report no discomfort and positive results, and treatments are appropriate for people of all ages. To find out how we can help grow your airway and help reduce the many symptoms associated with breathing-disordered sleep, contact us for a consultation.

Pictured here are 3D-printed images of a patient's airway before and after our Vivos® treatment, a significant improvement without surgery or pharmaceuticals.



## FOR KIDS

The most important stages of growth for your child's face and jaws occur during childhood. Bad habits, genetics, and other environmental conditions may cause the jaws to develop incorrectly. Early diagnosis and treatment may improve your child's overall health and wellness and may prevent future problems.

By correcting the underlying developmental issues in the mouth and jaws, the need for braces may be eliminated and both current and future health concerns like surgeries or pharmaceuticals may be avoided. If your child is showing early signs of an under-developed jaw, crooked or crowded teeth, mouth-breathing, bed-wetting, or even restless sleep, we can help. Your child's body is beautifully unique, and every Vivos® experience is unique. Your provider can help you understand if your child is a good candidate for treatment.

# A spectrum of conditions

An obstructed airway during sleep may lead to other health conditions that can vary from annoying to potentially life-threatening. Here's a look at some of the adult symptoms the Airway Institute may be able to treat.

DEPRESSION

ANXIETY

AGGRESSION

ALZHEIMERS

DEMENTIA

ADHD

ASTHMA

OBESITY

DIABETES

HYPERTENSION

HEADACHES

ERECTILE  
DYSFUNCTION

ALLERGIES

HYPOTHYROIDISM

FIBROMYALGIA

If you or someone you know suffers from these common obstructed-breathing symptoms, the Airway Institute may be able to help. We look at a wide range of diagnostic measurements to ensure the best results. And we're safe and effective for all ages, especially children. The leading cause of sleep apnea is an under-developed jaw and an obstructed airway; obstructed breathing, if untreated, can lead to a variety of problems. We use state-of-the-art, patented devices to gently grow the patient's entire airway. It's non-surgical and non-pharmaceutical, and it's also all-natural. Most patients report that treatments are not painful. If you have struggled with a CPAP machine, or you suffer from any of the conditions listed, contact us today and schedule a consultation. We're here to help you breathe, sleep, and grow







**AIRWAY INSTITUTE**

3801 Pinos Altos Road, Silver City, NM 88061

[breathe@airwayinstitute.com](mailto:breathe@airwayinstitute.com)

[airwayinstitute.com](http://airwayinstitute.com)

